

# SPA 310 PRICE LIST

## ~Massage~

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| <b>Metropolitan Massage</b> – Swedish massage strokes promotes relaxation.<br>Available in 55min, 85min & 110min sessions  | <b>\$75/110/140</b> |
| <b>Deep Tissue/ Sports Massage</b> – Works specific muscle groups ideal for pain management& sore muscles. Available in 55min, 85min & 110min sessions   | <b>\$80/115/145</b> |
| <b>Hot Stone Massage</b> – Combines Swedish massage strokes and use of hot stones. Available in 65min & 85min sessions   | <b>\$95/130</b>     |
| <b>Pregnancy Massage</b> – For the woman who needs relief and relaxation from common pregnancy discomfort. Available in 55min & 85min sessions.  | <b>\$80/115</b>     |
| <b>Lymphatic Drainage</b> - The light rhythmical massage encourages the lymphatic system to eliminate metabolic waste products, excess fluid and bacteria. Available in 55min & 85min sessions | <b>\$85/120</b>     |

## ~Facials~

Using a combination of all-natural products from Usana's skincare line: **Sensé** as well as professional use products from **Sanitas**, your esthetician will work with you to determine the best facial treatment for your skincare needs.

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| <b>Basic Facial</b> – Cleanses, hydrates, addresses any problem areas while relaxing the whole body. Appropriate for all skin types including sensitive. | <b>\$85</b> |
| <b>Anti-Aging Facial</b> – Ideal for mature skin this treatment is very hydrating  | <b>\$95</b> |
| <b>Clarifying Facial</b> – Ideal for acne prone skin   | <b>\$95</b> |
| <b>Gentleman's Facial</b> – Addresses issues related to daily shaving and environmental exposure.  | <b>\$85</b> |

## ~Add-Ons~

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| <b>Reflexology</b> – Compression and pressure point work on reflex points that correlate to specific organs& body systems. Enhances circulation while balancing mind& body             | <b>\$30</b> |
| <b>Chinese Cupping</b> – Uses cups to suction skin and superficial layers of muscles away from the body's surface. Promotes circulation, removal of toxins and aids in pain management | <b>\$15</b> |
| <b>Aromatherapy</b> – Choose from a variety of scented essential oils to enhance treatment   | <b>\$5</b>  |

**Please Make all checks out to: HomeSpa**  
**Visa or Mastercard accepted with a \$2 processing fee**